

The vital connection between oral health and overall health

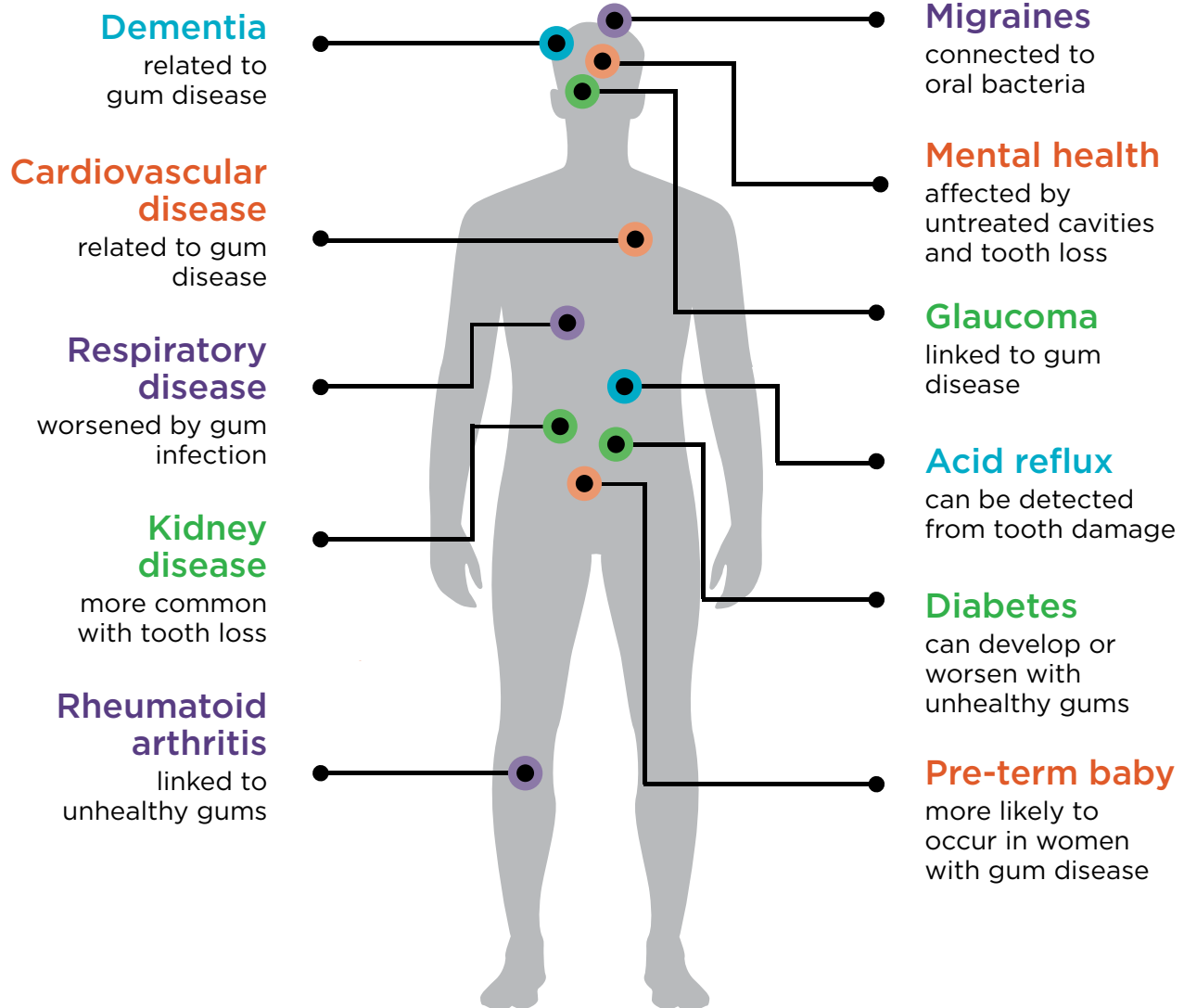


Did you know?

Nearly half of U.S. adults over the age of 30 have some form of gum disease.

Why it matters

Poor gum health and tooth loss can affect your overall health. Research has linked gum disease to cardiovascular disease, diabetes and strokes. Both can **increase your risk for a variety of chronic conditions and health issues, including:**



Good oral hygiene is essential. Be sure to brush and floss twice a day.

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