

# explore your family-building benefits

FreshRealm partners with WIN to provide inclusive family-building solutions and compassionate guidance from our Nurse Care Advocates, helping you navigate your care while becoming a meaningful part of your support system **no matter where your journey takes you.**

**Eligible members enrolled in the Cigna medical plan receive:**

## Fertility Treatment

**2-cycle** lifetime maximum benefit toward eligible expenses related to fertility treatment

## Fertility Medications

**Unlimited** lifetime maximum benefit toward related fertility medications with an approved treatment cycle

## Adoption + Surrogacy

**\$20,000** lifetime maximum reimbursement toward eligible expenses related to adoption and surrogacy



## getting started

1. Scan to download the WINFamily App
2. Create your account using employer code **FRE25**
3. Schedule an in-app consult with a Nurse Care Advocate to learn more about your benefits and start your journey

**Plus, through the WINFamily App you can access:**

- **Ongoing Clinical Support:** Get 1:1 nurse care advocacy and guidance
- **Tailored Education:** Access resources specific to your journey
- **Private Health Tracking:** Monitor your health discreetly
- **Calendar Reminders:** Stay organized with appointment alerts

# here for you.

**WIN provides individualized support to help you navigate your family-building journey.**

## Including:

- **Ongoing Nurse Care Advocate support**  
plus education, guidance, and behavioral health support to help you each step of the way
- **Assistance selecting an in-network provider**  
based on your individual treatment needs, goals, and preferences
- **Expertise in understanding complex information**  
such as common causes, testing and treatment options, as well as medication guidance
- **Education and advice** on the adoption or surrogacy process with guidance to help you understand your benefits and potential costs
- **Referrals** to one of the several credentialed surrogacy agencies in our network, each with over ten years of experience
- **Convenient nurse access through the WINFamily App**  
where you can schedule consults with your WIN nurse and get clinical support directly in the app



*Eligible members seeking adoption and surrogacy services must contact WIN to enroll.*

## questions?

visit [managed.winfertility.com/freshrealm](https://managed.winfertility.com/freshrealm)

or call our Service Team at 844-943-6447

9 am - 9 pm ET | Monday - Friday