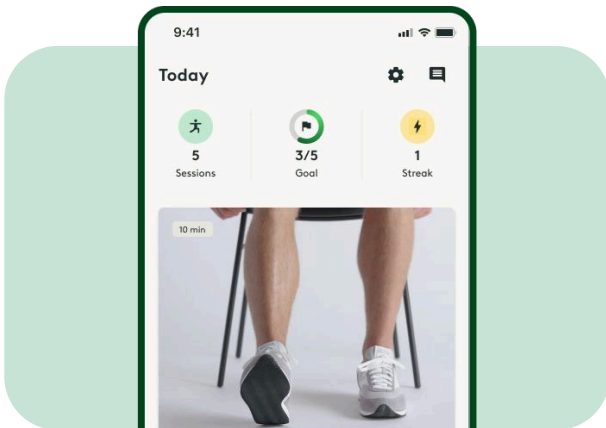




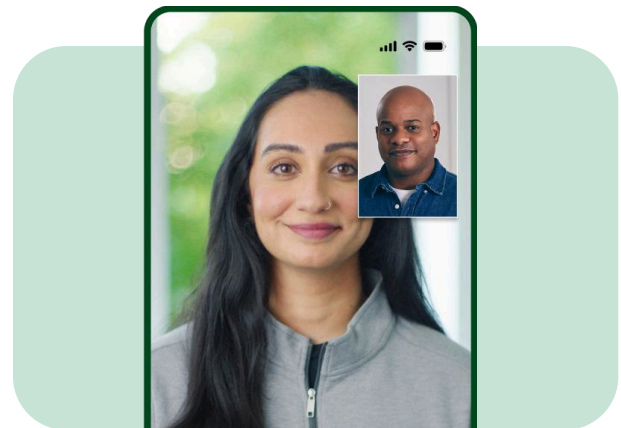
IT'S TIME TO START THINKING ABOUT YOUR ANNUAL BENEFITS!

The Hinge Health app is mission control for muscle and joint pain relief



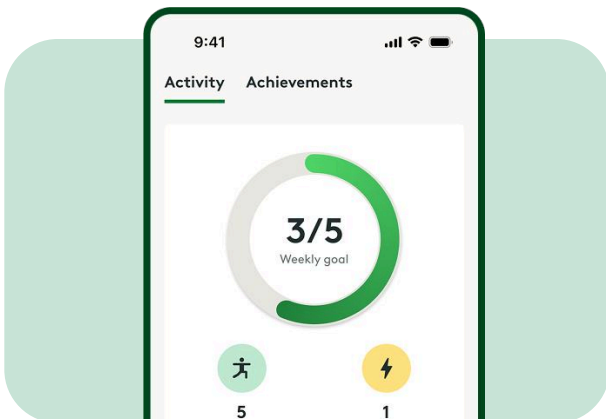
Daily exercise playlist

Reduce pain with exercises designed by a physical therapist.



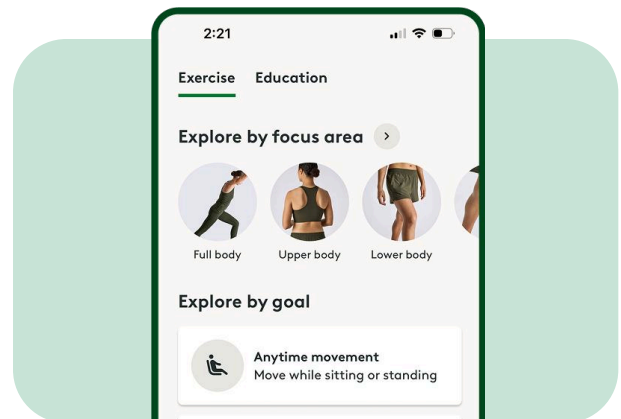
Physical therapist video visits

Meet with your care team to discuss your program in app.



In-app tracking

See daily progress on exercise goals and achievements.



Exclusive member resources

Get articles, additional exercises, guided meditations, and more.

Scan the QR code or visit to learn more:

hinge.health/annualbenefits



Please use the default camera on your device to scan the QR code, not a third-party application. If you are directed to a site other than the URL listed above, do not proceed.

Eligibility for Hinge Health varies by employer, contracting partner and medical plan. Further detail provided on your company's landing page. Spouses and 18+ dependents may be eligible as well.